

## January 2024 – Surgery Newsletter



*We would like to wish all our patients a very Happy New Year*

### **BANK HOLIDAY**

The Practice will be closed on Monday, 1 January 2024 as this is a Bank Holiday. For patients needing urgent medical advice on this day, please contact NHS 111.

### **FLU VACCINATIONS**

For anyone who is entitled to a flu vaccination, either because they are over 65 or younger than this but with a pre-existing condition, these can still be booked by contacting a member of the reception team on tel. 01206 250691.

### **INFORMATION ABOUT MACMILLAN CANCER SUPPORT SERVICES**

If you or someone you care about has been diagnosed with cancer, help is available from MacMillan Cancer Support.

Specialist support by chat:

As well as emotional support Macmillan will provide specialist services to help you.

- Macmillan chat service is open 8am to 8pm seven days a week. Please note the opening times may vary by service. Normally you will receive a response in under ten minutes.
- Welfare rights advice - welfare rights advisers can tell you about benefits and other financial support.
- Financial guidance - financial guides can help you with budgeting and options on finances such as pensions, insurance, mortgages and debts.
- Cancer information nurse specialist - experienced cancer nurses can talk you through information about your diagnosis and treatment.
- Work support service – the Macmillan dedicated work support specialists help you to understand your rights at work.
- Macmillan Grants – information can be given about Macmillan Grants.
- Macmillan trained cancer information advisors provide a listening ear and point you in the right direction, so you can seek further support.

<b>How Macmillan can help</b>
<b>Call on 0808 808 00 00</b>
<b>8am to 8pm. It's free to call from landlines and mobiles within the UK.</b>
<b>McMillian <a href="https://www.macmillan.org.uk/">https://www.macmillan.org.uk/</a></b>

### **SURGERY TRAINING AFTERNOON**

Along with all other surgeries in the area we will be shut from 12.00 noon on Tuesday, 30 January 2024 for staff training. If you need urgent medical attention on this afternoon, then please contact NHS 111.

### **PATIENT PARTICIPATION GROUP**

The next meeting of the Patient Participation Group will be held on Thursday, 25 January 2024 at 6.30 pm in the Mitchell Room at Great Bentley Village Hall.

**Sue Mitson – Operations Manager**