



July 2022 - Surgery Newsletter

Social Prescriber

We are very pleased to let you know that Sophie, our Social Prescriber is now running a clinic on a Thursday afternoon from the Surgery. Sophie is able to offer patients support with the following:-

- Weight management – ideal for patients with a BMI over 25, people that want to lower their blood pressure and patients who are pre-diabetic.
- Support following a bereavement.
- Befriending services for patients who are feeling lonely.
- Advice for carers of organisations that they can contact for help.
- She is also able to signpost patients who wish to improve their physical health by signposting them to exercise groups for all abilities, walking groups and support to stop smoking.

If you would like to book either a face to face appointment or a telephone appointment with Sophie, then please contact reception on telephone number 01206 250691 who will be able to help you with this.

Surgery Training Afternoon

Along with all other surgeries in the area we will be shut from 12 noon on Tuesday, 26 July 2021 for staff training. If patients require urgent care on this afternoon then they can contact 111 for assistance.

Patient Participation Group Meeting

The next PPG Meeting will be held on Thursday, 21 July 2022 at 6.30 pm at Great Bentley Village Hall.

The PPG are currently looking for new Committee members. If you are interested in being on the PPG Committee, please contact myself at the Surgery on tel. 01206 250691 and I will pass your details onto the PPG Secretary.

The PPG are also looking for new members to join them. If you are interested in becoming a member of the PPG then please visit the Great Bentley Surgery website and click onto Patient Participation Group Registration. Once you have completed the form with your details you just need to click submit.

Sue Mitson – Operations Manager