

June 2016 – Surgery Newsletter



New GP! – We are very pleased to announce that we have a new part time GP starting with us on 5th July. Her name is Dr Katy Daniel who will be working all day on Tuesdays and Thursday mornings. This is as a direct result of patients' waiting longer for non-urgent appointments due to increasing demand.

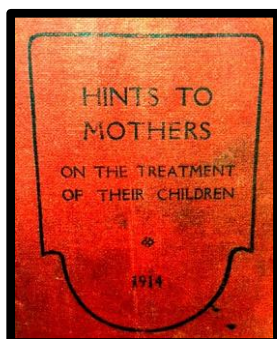
Unfortunately there is no extra funding to pay for this, so the partners are funding this from their own pockets. We are very fortunate to have recruited Dr Daniels given that there is a serious shortage of GPs in our area and would like everyone to give her a very warm welcome.

Travel Vaccinations - We are very close to the holiday season now, so I would like to remind anyone who has plans to go abroad to check now if they need any vaccinations. Many holiday jabs need to have a course completed over weeks rather than days, so please don't leave it to the last minute. We have a Travel Health Questionnaire that we need to be completed and returned, so that your needs can be assessed. You can call into the surgery to get a copy, or you can download one from our website on the 'Our Documents' page.

Waiting Room WIFI - You may have seen that for the last few years we have offered patients free access to WIFI in our waiting room. Regrettably we've had to stop this service as it has been abused. We found that a person(s) has been downloading a huge amount of data resulting in high charges. This was despite the fact that it was only available when open. It does seem like some people take advantage of services offered publically as they are 'free', particularly in the NHS. However these services are not truly free as they are paid for by the taxpayer. The NHS is not an 'all you can eat buffet' as some people unfortunately seem to think.

Patient Participation Group (PPG) - If you've never come to a meeting before, please come along at 6.30pm on Thursday 16th June to the Great Bentley Village Hall and find out more!

Richard P Miller - Practice Manager



This part of our newsletter publishes suggestions from this 102 year old book called "**Hints to Mothers**" on the health and wellbeing of children prior to the NHS existing. We hope you find this interesting and in many instances still useful even today. ***Please bear in mind this was written a long time ago!***

Chapped Hands – Chapped hands and legs are often brought on by the use of hard water. When possible, rain water should be used for washing purposes. After washing, but before wiping, rub a few drops of glycerine, combined with Eau de cologne or boracic acid, well into the hands, then dry very carefully. Guard against exposure to the cold. To cure chapped hands, take a teacupful of bran and tie it up in a muslin bag, and place the bag in the water jug the night before the water will be required. Let the child be washed every morning with this bran water. Add water to the jug as soon as any is taken out, and change the bran every other night. Remember to dry and powder well after washing.

Can you imagine considering washing in rainwater these days or using a harmful chemical like boracic acid to wash with?