



## **April 2023 – Surgery Newsletter**

### **Easter Opening Hours**

The normal Surgery opening times are from 8.00 am to 6.30 pm Monday to Friday. Over the Easter holiday the Surgery will be closed on Good Friday, 7 April and Easter Monday, 10 April 2023.

### **April is Bowel Cancer Awareness Month**

**Knowing the Symptoms of Bowel Cancer could save your Life:**

- Bleeding from your bottom and/or blood in your poo.
- A persistent and unexplained change in bowel habit.
- Unexplained weight loss extreme tiredness for no obvious reason.
- A pain or lump in your tummy.

If you have **any** of these symptoms or if things just don't feel right, go and see your doctor. You may need to visit your doctor more than once if your symptoms don't get better.

Find out more at [bowelcanceruk.org.uk/symptoms](http://bowelcanceruk.org.uk/symptoms)

### **Bowel Cancer Screening**

**Bowel cancer screening could save your life.**

- If you are 60-74 you will receive a screening test in the post every two years.
- The age that people are invited to take part is changing so you may get test before you turn 60.

For more information visit [bowel.canceruk.org.uk/screening](http://bowel.canceruk.org.uk/screening)

### **Surgery Training Afternoon**

Along with all other surgeries in the area we will be shut from 12 noon on Wednesday, 26 April 2023 for staff training.

### **Patient Participation Group Meetings**

There will not be a PPG meeting in April. The next one will be held on Wednesday, 17 May 2023 at 2.00 pm in the Michael Wright Room at Great Bentley Village Hall.

**Sue Mitson – Operations Manager**