



### **Virtual London Marathon Event**

Jo Tyrrel, one of our Practice Nurses was due to run the Virgin London Marathon this year. Although the Marathon has been cancelled due to the pandemic, her training has not gone to waste as she will be running 26.2 miles locally on Sunday, 4th October 2020 in a 'virtual London Marathon Event'.

Jo is raising money for three very good causes – Diabetes UK, Mind - the mental health charity and Addison's disease. If you would like to support her and help to raise money for these very worthy charities you can sponsor her by visiting her just giving page below:

<https://uk.virginmoneygiving.com/fundraiser-display/showROFundraiserPage?userUrl=JoanneTyrrel&pageUrl=2#>

The whole Surgery Team wish Jo all the very best for her Marathon run.

### **Swab Testing for Coronavirus**

The Surgery is not able to offer swab testing for Coronavirus so we would ask that patients do not contact us to request this. If you do have symptoms and need to have a swab test please either visit [www.gov.uk](http://www.gov.uk) or phone 119 to book a test.

### **Research study for patients over 50 years of age with COVID 19 symptoms**

We are a research Practice and from time to time you may be contacted to take part in studies if eligible.

Currently we are looking for any patients with COVID 19 symptoms aged over 50 to take part in the Principle Research Study. Patients can self-refer for this by either going to the website <https://sentry.phc.ox.ac.uk/prinscreen/GRB> or contacting them by phone on tel. 0800 138 0880. From there the team will be able to advise if you can participate in this Study.



I wrote about it being flu vaccination season last month. This is just a reminder that we are running Flu Clinics on every Saturday morning throughout October. If you are eligible for a free NHS flu vaccination and haven't had yours yet, please contact our reception team on tel. 01206 250691 to book your appointment. Our staff can check your record to see if you are eligible if you aren't sure about this.

### **Patient Participation Group**

At the time of writing the Newsletter there isn't a Patient Participation Group meeting planned in October. If this situation changes then PPG members will be informed by email and we will also advertise this on the Surgery website.

**Sue Mitson – Operations Manager**